

BNH NEWS

Baldwinville Nursing Home and Rehabilitation Center

VOLUME 9

FALL 2009

ISSUE 3

It's that time again! RESIDENT FAIR 2009

The date to mark on your calendars for Fall Fair 2009 is **Saturday, November 14th** from 10:00 am to 3:00 pm.



For newcomers, our Fair consists of a large Baked Goods Table, Craft Table, Books & Puzzles Sale, a Grand Raffle, a Cash raffle, 100's of Raffle items to choose from, hot luncheon available, cold & hot beverages, and a visit from a special guest!

Donations are greatly appreciated and volunteers are always welcome. Staff and family support has been outstanding here at Baldwinville Nursing Home and



Rehabilitation Center. Residents look forward to this time of year. They are busy crafting, baking, mailing letters and will be finding you to purchase a raffle ticket or two.

But what's most impressive and most heartwarming is the crowd of people who frequent our Fair every year.

Help spread the word...It's for the Residents!

Check our monthly Activity calendars for **more upcoming events!**

*A representative from **CARING CONCEPTS** (a clothing company) will be at BNH on Tue., **October 20th** from 2-4:00 PM in the Main Activity Room.*



Come and take a peek at the latest clothing available for your resident! If you have any questions, you may call Jennifer Russell in Activities at (978) 939-2196.

Halloween is Coming!

On Saturday, **October 24th**, we will have a Halloween gathering for staff children in costume at 10:00 am during Coffee Hour.

They will be part of a Halloween parade for the Residents. They love to hand out candy for the kids. A sign up sheet will be near the time clock so we can have a general idea on how many children will be coming. See you there!

Also, Residents are ready for a costume judging contest this Halloween. Staff can feel free to be creative and dress up on Thursday, **October 29th**. Come join in the Halloween Party at 2:15pm when Residents are looking forward to seeing your Halloween costumes. Musical entertainment will be provided by E.C Expressions. Prizes will be awarded. Laughter guaranteed.



BNH Veterans' Ceremony

The **Veterans' Ceremony** will be November 17th, the week following the Residents' Fair. We will send out invites to all veterans' families. The ceremony will be at 2:15 pm in the Lobby for our resident veterans who have served their country. Special guests will be Gardner VFW Post 905 and Sr. Vice Commander Clement Tourigny.

Refreshments will be served afterwards. If you have a picture of your Veteran or any questions, please see Jennifer Russell in Activities.





WHAT IS A RESIDENT?

- ◆ A resident is the most important person in our business.
- ◆ A resident is not dependent on us. We are dependent on the resident.
- ◆ A resident is not an interruption of our work. The resident is the purpose of it.
- ◆ A resident does us a favor when he or she comes to live here.
- ◆ A resident is part of our business – not an outsider.
- ◆ A resident is not just money in the cash register. A resident is a human being with feelings and deserves to be treated with respect.
- ◆ A resident is a person who comes to us with needs. It is our job to fill them.
- ◆ A resident deserves our most courteous attention and is the lifeblood of our business. The resident pays our salary.
- ◆ Without the resident, we would have to close our doors.

*by Onie Bedenhemier,
National Association of Activity Professionals*

everything they need for the upcoming colder season.

Please come and replace last season's clothes with appropriate clothing. We have permanent markers at the Nurses' Station so that you can mark any clothing, shoes or belongings. We are also setting up a labeling tape machine so that we can mark your resident's clothing in the near future. Thank you for your cooperation.



Sincerely,
Pat Paradis, Dir. of Laundry

FLU SEASON IS UPON US: VISITORS, HELP FIGHT RESPIRATORY INFECTIONS!

DON'T SPREAD YOUR COUGH, FEVER
OR RUNNY NOSE BY VISITING WHEN
YOU ARE SICK...

**DO VISIT WHEN YOU ARE WELL.
YOUR HEALTHY PRESENCE IS
IMPORTANT TO OUR RESIDENTS.**

Simple steps you can take to protect yourself
and your loved ones:

- **Wash your hands.** Avoid touching your eyes, nose & mouth.
- **Cover your mouth** when coughing or sneezing (tissues or into the inside of your elbow.)
- **Do not take young children or elderly** with immune system problems into large crowds.
- **Avoid holding, hugging and kissing** anyone with a cold or respiratory symptoms.
- **Stay home** from work or school if you have frequent coughing and or elevated temperature.
- **Do not share** items that you put in your mouth (foods or drinks).
- **Clean things** that are touched often: door handles, phones, water faucets, etc.
- If visiting, **wear a mask** if you yourself have cold symptoms or if the Resident has respiratory symptoms.



HAVE YOU EVER...

- ❖ read the Saturday Evening Post
- ❖ anyone from your family traveled abroad
- ❖ walked on stilts
- ❖ collected frogs
- ❖ learned to whistle
- ❖ gone on a hayride



What is in your Closet?

Dear Family Members:

Our closets are full! It's that time of year again to clean out Residents' closets! Due to limited space in our Residents' closets, we ask that family members take an inventory of their Resident's wardrobe to ensure that they have

Thank you, Anita Dubois-Quinn, RN, Infection Control

